

LARGEST WEEKLY CIRCULATION IN THE HAMPTONS PLUS SPECIAL MANHATTAN DELIVER

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COMPRS

Dani's Papers

SPECIAL SECTION:
HOME ENTERTAINING



ART BY M. PARASKEVAS

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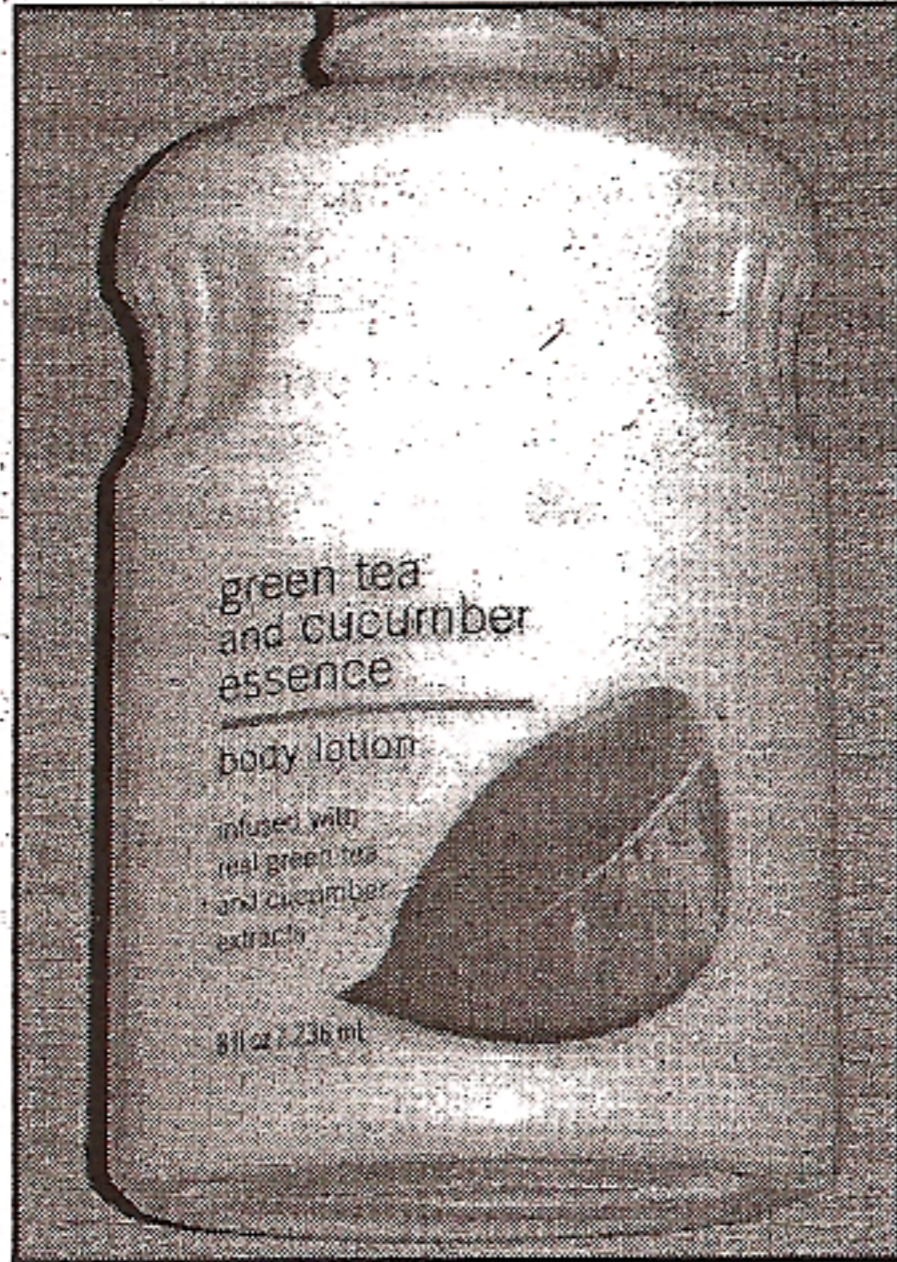
HEALTH & BEAUTY

Skin deep with Samantha Altea

Beauty...to a tea

Anyone for a cuppa tea? It is a phrase that I grew up with, and it's second nature to me to make a brew, sit with friends and be warmed and comforted by a good mug of hot steaming sweet tea. As a British citizen (yes, I do have the accent) I certainly know a good cuppa when I taste one. It's part of my culture; I was practically weaned on it. Since tea has become the focus of many health and beauty topics of late, I feel it my patriotic duty to look into the phenomenon. So put the kettle on - mine's one sugar and a splash o' milk - and take a sip of beauty...to a tea, with me.

With so many widely associated benefits, tea has become so en vogue these days that it seems everyone has gotten a whiff of it, from Starbucks to Elizabeth Arden. All of a sudden, tea has stirred up excitement in a multi-million dollar health and beauty industry. But the first thing to note is that your general cup of tea, made with a perforated bag, is not what all this fuss is about. So put your Liptons back on the shelf. Teas in a bag have had most of the good stuff stripped away in processing. Rather, the teas that hold the miracle elixir that everyone is talking about are the dried, loose kind. The two main ones to focus on are green teas and white tea. These



teas contain active ingredients called polyphenols, which are thought to act as antioxidants that remove free radicals found in our bodies. Scientists are doing research and discovering that tea just might be all it's brewed up to be. Polyphenols are similar to other phytochemicals, found in foods such as broccoli and carrots, but are more potent and are what give teas their therapeutic and preventative powers. It's argued that drinking these teas can help in many health areas, including the ability to fight and reduce the risk of cancer, lower cholesterol and blood pressure, aid the digestive system and, most importantly to women, suppress the aging process - get slurping, ladies. Plus, these teas are said to be soothing and mentally calming. So if you are looking older, you won't worry about it, at least.

But it's not just drinking a cup o' chai that's got the media buzz. The beauty industry is also hot for green and white teas, infusing numerous products with them and the promise of their healing and youth-enhancing properties. Origins has brought out a whole skin care line based around silver tip white tea, saying that it's the rarest, purest and most sought after to drink, has a smooth sweet soft taste and a fragrant, flowery aroma. Apparently it's more palatable than green tea,

which can have a cabbagey taste. Origins claims that the silver tip white tea in its products relieves stress and banishes youth offenders. So try Origins Skin Rejuvenating Treatment cream, or Origins White Tea Skin Guardian. Another company on the tea wagon is Elizabeth Arden, who suggests you surround yourself with the calm serenity of its new green tea scent, \$35. Or for both men and women, Bulgari has developed a fragrance which includes orange blossom, cardamon and coriander, all in a base of, you guessed it...green tea, \$77-\$120. Even Yves Saint Laurent has looked into the tea-leaves to see what its future holds.

(continued on next page)

Poses

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"My eyes were getting smaller and my eyelids were drooping. After my full face Thermage treatment, I feel like I had a real facelift without the surgery. I was thrilled to see the immediate results and my boyfriend was able to notice an amazing difference in less than 24 hours." Carol Reina, Warranty Administrator, Shirley, NY Age 49

"Previously, I had laser wrinkle reduction treatments with Dr. Covey to reduce my fine lines. I then wanted to lift my sagging jowls and neck, so I had the Thermage treatment and noticed an immediate tightening in my jowls and neck." Anne Siringo, Bookkeeper, Bohemia, NY, Age 49

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Police Blotter

It looks like, along with the cold, hard weather, cold, hardened criminals are showing no mercy on the East End. Sometime between 4 p.m. Saturday and 8 a.m. Sunday, an unknown person took a swing at a 4th Street resident's mail box, leaving a big dent. The East Hampton woman called police Sunday morning to report the incident adding that one of her license plates had been removed as well. Police, however, haven't found any clues leading to a suspect.

An employee of an East Hampton marina called police last Friday when she discovered that someone had cut away the shrink wrap from a boat that was being stored there. The boat wasn't damaged, but police reported that it would cost \$50 to replace the winterizing cover.

Police arrested an East End artist last Thursday after the juvenile was seen drawing on the exterior wall of the South Lake Drive Comfort Station. An offi-

cer passing by noticed the crime in progress and stopped to intervene.

A 43-year-old Southampton man was arrested after a brief supermarket sweep on Monday. Employees of the Southampton Village Waldbaum's caught the man attempting to steal several items. They detained him until police arrived. They arrested and charged him with petit larceny

Can you hear me now? Don't leave your valuables unattended in a public place! An East Hampton man learned this the hard way last Sunday after he left a soccer game at the East Hampton High School. He told police that when he got home to his Montauk Highway residence, he went to retrieve his phone from his soccer gear bag and said phone was missing. Police have the theft on record, but it's unlikely the phone will turn up. It will cost the victim \$179 to replace.

A 20-year-old Sag Harbor man was arrested in Southampton on Saturday. Police say they received a complaint from a man when he saw someone driving on his lawn. Police arrived to investigate and subsequently tracked down the Sag Harbor man. Officers then found that the man had no driver's license. He was charged with aggravated unlicensed operation of a motor vehicle.

Police believe that it may have been an ejected bar patron who is responsible for a series of tire slashings in Hampton Bays last Sunday. Numerous victims reported their tires being punctured and/or slashed that night, while parked at local bars; Fisherman's Quarters, Gilligan's Saloon, Doran's and Bub's Tavern. The only suspect being targeted as of yet is a man who was ejected from Fisherman's Quarters for lewd behavior.

-Written and compiled by Tom Haskell
Read the Blotter online @ www.danspapers.com

South' O (continued from page 22)

Chuck Close is featured in a retrospective of his prints, *Process and Collaboration*, at the Metropolitan Museum of Art in New York through April 18.

Susyn Reeve of East Hampton, who wrote *Choose Peace & Happiness*, will be a guest speaker on January 31 with **Arun Gandhi**, the grandson of Mahatma Gandhi, at the *Wings of Unity* Benefit in support of a new Center for Peace in Denver.

Former Southampton resident artist **Ginas Serran Pagan** is preparing for shows in Bangkok, Geneva, China, Ceuta and Paris from his atelier in the Andulucian mountains of Grazalema in Southern Spain. www.serranpaganart.com

Sandra Novick, Vice President and Director of Marketing at Bridgehampton National Bank, Greenport Galerie Pelar's owner **Paul Wingett** and Sag Harbor Gallery owner **Tulla Booth** have been named to the East End Arts Council Board of Directors.

Gabriel Kastle has joined the faculty of the School of the Arts/East End Arts Council. Mr. Kastle performed with the orchestra for Bay Street's *The Boyfriend* under the direction of **Julie Andrews**.

Dr. Merritt White, who has a practice in Wainscott, and his wife, **Irene** announced the engagement of their daughter, **Elizabeth**, to **Philip Fricker** of Norristown, PA. Elizabeth

White is studying Osteopathic Medicine in Philadelphia and her fiancé is an arborist. They plan to be married this summer.

Renowned jewelers and East Hampton residents **Sybil** and **David Yurman** received the Lifetime Achievement Award at the Gem Awards Gala held at Cipriani in New York last week. The Jewelry Information Center honored outstanding achievements of individuals in marketing, journalism and manufacturing. Others attending included **Madeleine Albright**, **Deborah Norville**, **Ann McNally** and *InStyle's* **Hal Rubenstein** who presented their award. **Carmen Borgonovo** of *W* received the Excellence in Media Award presented by jewelry designers **Roberto Faraone Mennella** and **Amedeo Scognamiglio**.

What are you waiting for?
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e-mail askdan@danspapers.com

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TRAVEL?

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Letters

WRITTEN COMPLIMENT

Dear Dan,
Just wanted to thank you for including me in your *Who's Here* column last week.

John Capone was most impressive - his speed, accuracy and writing style reflect well on *Dan's Papers*.

I'm proud to have been featured.
Ron Burkhardt
Quogue

You there? -D.R.

WAR SCORE

Dear Dan,
The invasion of Iraq, if it goes well, will join the Bay of Pigs, Vietnam, Somalia, Desert One (failed rescue in Iran), and Beirut in the military history of catastrophe.

What will distinguish it, apart from the above

Skin Deep (continued from previous page)

Seems tea is here to stay, because they've launched an oil free liquid foundation, SPF 12, formulated with green tea extract. YSL says that its tea foundation awakens, smooths and illuminates tired complexions, \$46. If you're in the market for luminous skin, you might also want to try DR Brandt, Lineless soothing Mask, an herbal mask formulated with chamomile, aloe and green tea, \$40. Or dream about great skin, with Paula Dorf's Green Tea + Primrose Night Cream, \$48. Tea is drenching the market place, from

is its immense TRANSPARENCY and STUPIDITY.

C. Matthews
New York City
Opinions. Opinions. -D.R.

ARTIST ACCOLADE

Dear Dan,
Just a note of thanks for the honor of being the cover artist for the January 16th issue. It came out great! After years of reading your magazine, it was such a thrill to have one of my paintings grace the cover.

Also, it was a real pleasure being interviewed by Marion Wolberg Weiss. She did a wonderful job on the article. Again, thank you!

Chris Gordon
Sayville
Beautiful sunflowers. -D.R.

soaps to shampoos, candles to cookies. You can drink it, eat it, or rub it in, and I've mentioned just a few alternatives. But for some homemade health and beauty tea remedies, after a stressful day, toss a chamomile tea bag into the bath and then relax for a half hour, or slap a couple of bags under your eyes when they're puffy and you're feeling tense. My advice for a healthy, happy and beauty filled day - get yourself a fabulous teapot from Bodum, like I just did, and wait for the kettle to boil.